In another study, researchers found that women who used birth control pills actually had a higher rate of success getting pregnant than those who didn’t. Within six months, 75.4% of OC using women became pregnant, whereas only 70.5% of non-users became pregnant. Researcher Alexandra Farrow, Ph.D., says that birth control even has a protective effect because it reduces the damage of issues like endometriosis and improves iron levels. (2) Also, information provided by Arizona University concludes that birth control can improve future fertility. They attribute this to the fact that they can reduce uterine fibroids, decrease ectopic pregnancies, reducing ovarian cysts, and lowering changes of ovarian and endometrial cancer. (3)

Based on a poll conducted through Facebook, after asking 200 people, many thought that birth control would cause fertility issues later on in life. The truth about this is that birth control has no known negative impact on fertility after ceasing use. The EULAR-OC Study (European Active Surveillance Study on Oral Contraceptives) followed 2,000 women for two years after discontinuing birth control use to see how long it took them to get pregnant. The study indicated that 21.4% of women became pregnant within their first cycle. This is within the rage of the natural pregnancy rate of 20-25% in women who do not use oral contraceptives. After one year of ending birth control use, nearly 80% of women were pregnant, with the median conception time being 3 months. Research shows that these numbers are nearly identical to conception of non-birth-control users. (1)

1. State that OC=oral contraceptive, just for clarity's sake.
2. Explain the *protective effect* in paragraph 2 more.
3. Also explain what uterine fibroids, ectopic pregnancies, etc. are, make sure that your classmates will be able to understand your project!
4. Remember references, acknowledgments, reflection, figure, and figure legend!
5. Overall, wonderful job addressing an interesting topic and presenting it in a very appealing format. Great!!

Overall, birth control pills are an effective and safe choice for girls and women who want to prevent pregnancy until they are ready to conceive. Not only are birth control pills safe during use, but they can even help protect you from possible problems that will effect fertility later in life. Although birth control has been proven safe for future fertility, each person's body is different, so always consult with a physician when making birth control choices!!!